



Vancouver Women's Health Collective

and



Vancouver Status of Women

presents...

A TWO-PART WORKSHOP SERIES: HEALTH FOR SINGLE MOTHERS

If you are a single mother and would like to learn how to navigate Canada's health care system, you are invited to attend a two-part workshop series in March 2016.

<p align="center">Patients' Rights Workshop Date: Thursday March 3rd, 2016, 2:30 – 4:00pm</p>	<p align="center">Health Inequity for Single Mothers Workshop Date: Thursday March 31st, 2016, 3:00 – 4:30pm</p>
<ul style="list-style-type: none"> • Provides introductory information on advocating for your rights as a patient • Uses participatory learning exercises to cover the following topics: the concept of women's health; the Medical Services Plan of BC; our rights as patients; and advocating for our health and health care and/or for the health and health care of our peers. 	<ul style="list-style-type: none"> • Uses an intersectional lens to explore the barriers to health and wellbeing specific to single mothers in Vancouver, with a focus on race, sex, gender, and class. • Will explore some useful resources available for single mothers and their children in the Metro Vancouver Area.

The workshops will be facilitated by volunteers from Vancouver Women's Health Collective.

The workshops are free of charge and open to single mothers of any age with children of any age. Childcare and bus tickets are available. Our space is wheelchair accessible. Refreshments will be served.

To register, please call Rebecca at **604-255-6554** to RSVP and to provide dietary and childcare needs.

Deadline to register for the first workshop is March 1, and March 29 for the second workshop.

Address: Vancouver Status of Women, 2652 E. Hastings Street, Vancouver, Coast Salish Territory (Slocan & Hastings)